



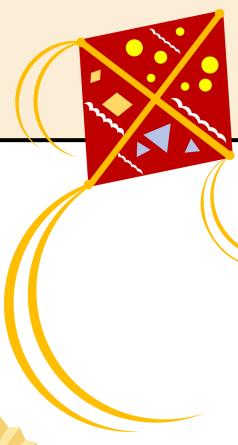
Kenneth (阮凱恩)

提升公開演講自信：

擔任英文TA讓我獲得了這個機會

Khơi dậy sự tự tin trước đám đông: Kenneth công
việc trợ giảng tiếng Anh đã cho tôi cơ hội đó.

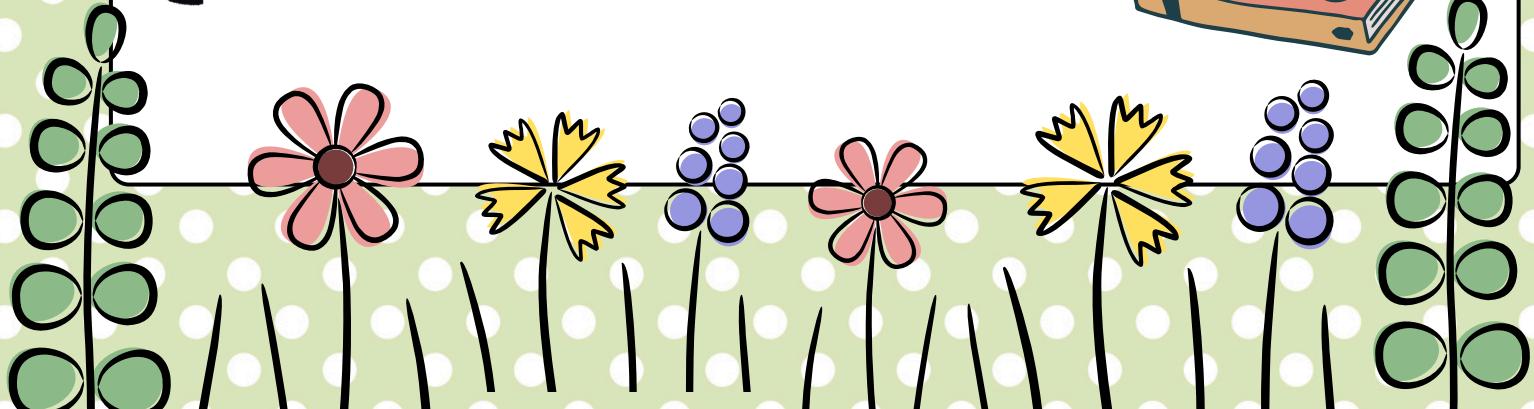
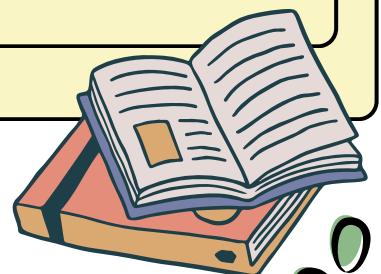
Boosting Public Speaking Confidence: Being an
English TA Gave Me That Opportunity.



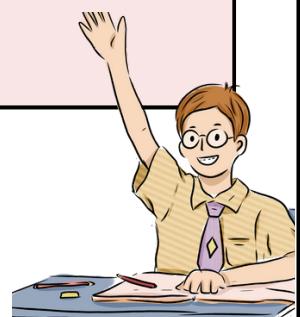
• Hi everyone! My name is Kenneth, and I'm currently a Senior Student of Global Business. Last year, amidst all my studies, I had the incredible opportunity to serve as an English Teaching Assistant at the CCU Language Center, and honestly, it was a wild ride! I had taught my mother tongue, Vietnamese, before, but those were mostly one-on-one sessions. Leading a class in English was a completely new challenge. I remember those first few sessions feeling super nervous; I was worried I'd accidentally make a mistake or that my non-native accent would somehow distract the students. It was a lot of pressure, but I quickly got comfortable.



I was incredibly fortunate to work alongside three kind, professional, and genuinely friendly professors. They were instrumental in helping me overcome my initial jitters. I learned so much from them, not just about rigid lesson structure, but about the small, crucial details that make a class great—things like effective wait time after asking a question and how to structure a smooth pair-work activity. One professor even taught me a simple, quick 'two truths and a lie' icebreaker that became my go-to trick. Their guidance on what activities truly engage students and what pitfalls to avoid was priceless.



Connecting with the students was eventually my favorite part, but I have to admit, they were super silent at first—which is normal! To deal with the quiet classrooms, I discussed a strategy with my professors. They allowed me to use tools like taking attendance, formally evaluating assignments, and offering extra credit for homework. This really helped me gain the students' attention and effectively manage the class flow. To encourage them to talk freely, I then created activities where they got to share their passions — stuff like Taiwanese culture, their favorite local cuisine, and beautiful landscapes...



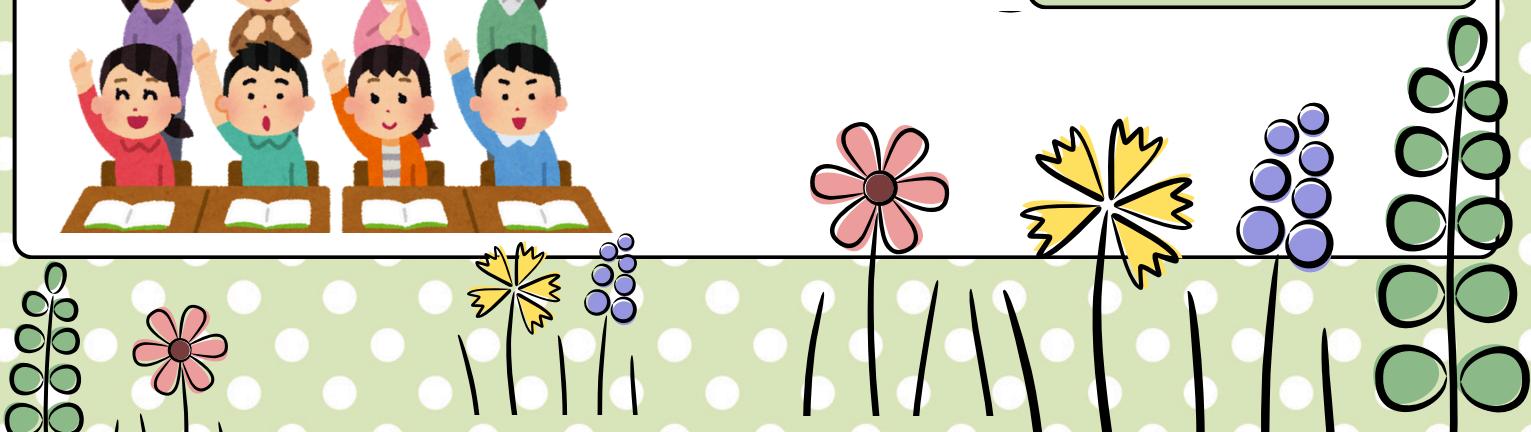
I wanted them to feel confident introducing their home to future foreign friends, and it was great watching their pride shine through! I especially remember one student excitedly presenting on night markets, dedicating half his time to describing stinky tofu! It was fantastic. I also got to sneak in practical English tips, like clarifying tricky pronunciations such as the difference between "woman" and "women." It felt less like correcting and more like sharing a secret language handshake.

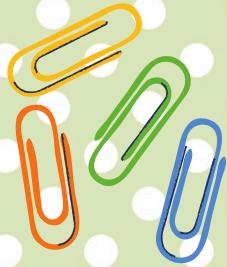


And I absolutely have to give a huge shout-out to Flora in the administrative office. She was truly the engine of the office, always ready with a smile and a calming presence. Whether I was struggling to deal with a Chinese document or rushing in ten minutes before class needing massive stacks of handouts printed, she was there to help make sure everything ran smoothly.



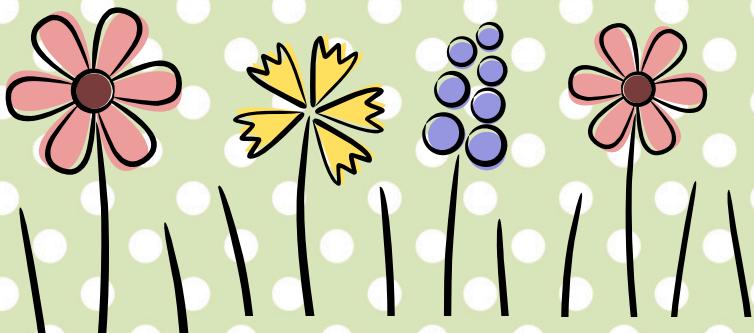
Although I've since moved on from the Language Center, I genuinely value the confidence and collaborative skills I gained during that TA experience. It was definitely a formative and fun time, and I wouldn't trade it for anything!

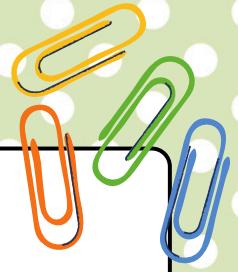




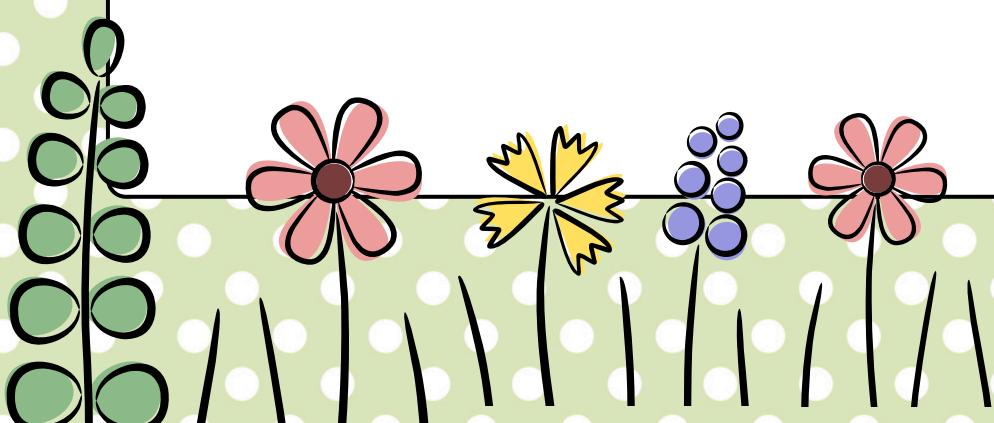
大家好！我是 Kenneth，目前就讀全球商務系四年級。去年，在課業繁忙之餘，我有幸在中國文化大學語文教學中心擔任英文教學助理，老實說，這段經歷真的是一場驚心動魄的旅程！我曾教授過自己的母語 - 越南語，但那大部分是個別教學。用英文帶領整個班級，對我來說是全新的挑戰。還記得前幾堂課我非常緊張，擔心自己會犯錯，或是我的非母語口音會讓學生分心。壓力很大，但我很快就適應了。

我非常幸運能與三位親切、專業又真誠的教授共事。他們在我克服初期緊張情緒的過程中扮演了關鍵角色。我從他們身上學到的不只是課程架構，還有那些讓課堂更精彩的小細節 - 例如提問後的有效等待時間，以及如何設計流暢的配對活動。其中一位教授還教了我一個簡單又快速的破冰遊戲「兩真一假」，成為我最常用的開場技巧。他們的指導讓我明白哪些活動能真正吸引學生，哪些陷阱要避免，這些建議對我來說非常寶貴。





與學生建立連結後，成了我最喜歡的部分。雖然一開始他們都很安靜 - 這很正常！為了改善課堂氣氛，我和教授們討論策略，他們允許我使用點名、作業評分、加分獎勵等方式來吸引學生注意力並掌控課堂節奏。為了鼓勵他們自在地表達，我設計了許多分享興趣的活動 - 像是台灣文化、最愛的在地美食、以及美麗的風景…。我希望他們能有自信向未來的外國朋友介紹自己的家鄉，而看到他們充滿自豪地分享，我真的很感動！我特別記得有位學生熱情介紹夜市，花了半堂課描述臭豆腐，真是太棒了！我也趁機分享一些實用的英文技巧，例如「woman」和「women」的發音差異。這種教學方式不太像糾正，更像是分享語言的秘密握手。





當然，我一定要特別感謝行政辦公室的 Flora。她真的是辦公室的核心人物，總是面帶微笑，給人安定的力量。無論是我在處理中文文件時遇到困難，還是課前十分鐘匆匆趕來需要大量影印講義，她總是第一時間伸出援手，確保一切順利進行。

雖然我現在已離開語文教學中心，但我非常珍惜那段擔任助理經歷所帶來的自信與合作能力。那是一段既充實又有趣的時光，我絕對不會拿任何東西來交換！

