

# My Teaching Assistant Experience at Chinese Culture University

我在中國文化大學擔任教學助理的經驗分享

အင်္ဂလိပ်စာသင်ကြားရေးအထောက်အကူအဖြစ် အတွေ့အကြုံများ



## 1. Self-Introduction

My name is Andy, and I am from Myanmar. I am a master's student in the Global Business program at Chinese Culture University. Since my first year of graduate study, I have been working as a teaching assistant for courses at different academic levels. Being an international student, I bring a multicultural perspective into the classroom environment. This role has allowed me to grow both academically and professionally while supporting students in their learning journey.

## 2. Motivation for Becoming a Teaching Assistant

I decided to become a teaching assistant because I wanted to gain practical academic experience beyond theoretical learning. Assisting professors and interacting with students gave me the opportunity to understand how teaching works in a real classroom setting. I was also motivated by my passion for helping others



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succeed in their studies. Additionally, I believed that this role would improve my communication and organizational skills. Over time, my motivation has grown stronger as I see the positive impact I can make.

### 3. Roles and Responsibilities

As a teaching assistant, my responsibilities include supporting professors during lectures, preparing teaching materials, and assisting with grading assignments. I also help manage classroom activities and ensure that students understand the course content. In some classes, I guide group discussions and provide additional explanations when needed. Another important duty is responding to students' questions both in and outside the classroom. These responsibilities require me to stay organized, attentive, and proactive.

### 4. Working with Students from Different Levels

One of the most interesting aspects of my role is working with students from different academic levels. Each group of students has unique learning needs and expectations. For example, undergraduate students may require more guidance and encouragement, while graduate students tend to focus more on critical thinking and analysis. Adapting my teaching approach to suit different levels has been both challenging and rewarding. This experience has helped me develop flexibility and empathy as an educator.

### 5. Communication and Language Skills

Being a multilingual individual, I use several languages, including both English, and Chinese, to communicate effectively with students. This has been especially helpful when assisting international students who may face language barriers. Through my role as a teaching assistant, my communication skills have improved significantly. I have learned how to explain complex concepts in a simple and clear way. Effective communication has become one of my strongest skills.






## 6. Challenges Faced

Despite the many benefits, being a teaching assistant also comes with challenges. One common difficulty is managing time between my own studies and my teaching responsibilities. Additionally, handling diverse student needs and questions can sometimes be overwhelming. There are also moments when I need to quickly adapt to unexpected situations in the classroom. However, these challenges have helped me become more resilient and better at problem-solving.


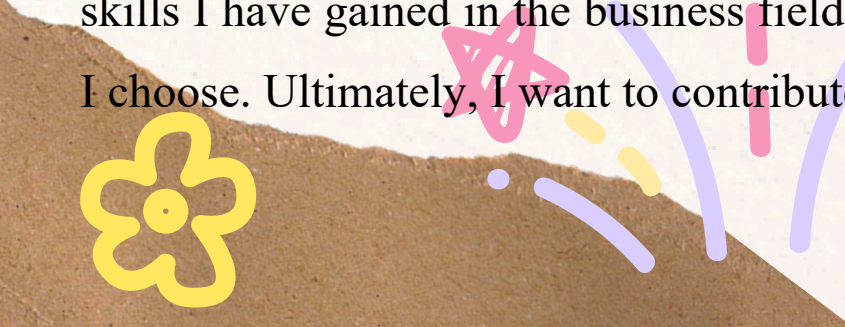
## 7. Skills and Personal Growth

Through my experience as a teaching assistant, I have developed a wide range of skills. These include time management, leadership, communication, and critical thinking. I have also become more confident in speaking in front of groups and guiding discussions. This role has taught me how to work effectively in a team and support others. Overall, it has contributed significantly to my personal and professional development



## 8. Future Aspirations

Looking ahead, I hope to continue developing my teaching and leadership abilities. My experience as a teaching assistant has inspired me to consider a career in education or training. I also aim to apply the skills I have gained in the business field. I believe that this experience will be valuable in any career path I choose. Ultimately, I want to contribute positively to both academic and professional communities.





## 1. 自我介紹

我叫 **Andy**，來自緬甸，目前就讀於中國文化大學全球商務碩士學位學程。自從碩士班一年級開始，我就在不同程度的英文課程中擔任教學助理。作為一名國際學生，我能夠為課堂帶來多元文化的觀點。這個角色不僅幫助我在學術上成長，也讓我在專業能力方面有所提升。同時，我也能在學生的學習過程中提供支持與協助。

## 2. 成為教學助理的動機

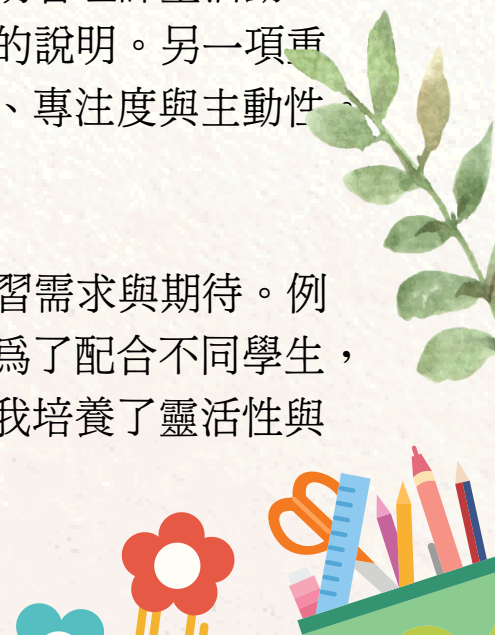
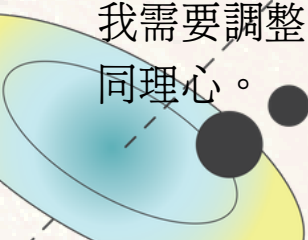
我選擇成為教學助理，是因為希望能夠在理論學習之外獲得實務經驗。透過協助教授與學生互動，我更深入了解課堂教學的實際運作。我也對幫助他人學習充滿熱情，希望能夠對學生有所貢獻。此外，我相信這份工作能提升我的溝通與組織能力。隨著時間推進，我的動機也因看到自己的影響力而更加強烈。

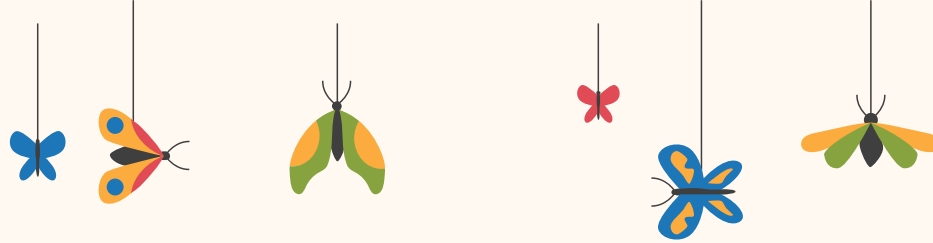
## 3. 工作內容與責任

作為教學助理，我的主要工作包括協助教授授課、準備教材以及批改作業。我也協助管理課堂活動，確保學生能理解課程內容。在部分課程中，我會帶領小組討論並在需要時提供額外的說明。另一項重要的工作是回覆學生在課堂內外提出的問題。這些職責要求我保持良好的組織能力、專注度與主動性。

## 4. 與不同程度學生的互動

我工作中最有趣的一部分，是與不同程度的學生互動。每個學生群體都有不同的學習需求與期待。例如，大學生可能需要更多指導與鼓勵，而研究生則更注重批判性思考與分析能力。為了配合不同學生，我需要調整自己的教學方式。這樣的經驗既具挑戰性，也讓我感到成就感。它幫助我培養了靈活性與同理心。





## 5. 溝通與語言能力

身為多語者，我能使用英語與中文與學生有效溝通。這對於協助面臨語言障礙的國際學生特別有幫助。透過教學助理的經驗，我的溝通能力大幅提升。我學會如何用簡單明確的方式解釋複雜概念。有效的溝通已成為我最重要的能力之一。

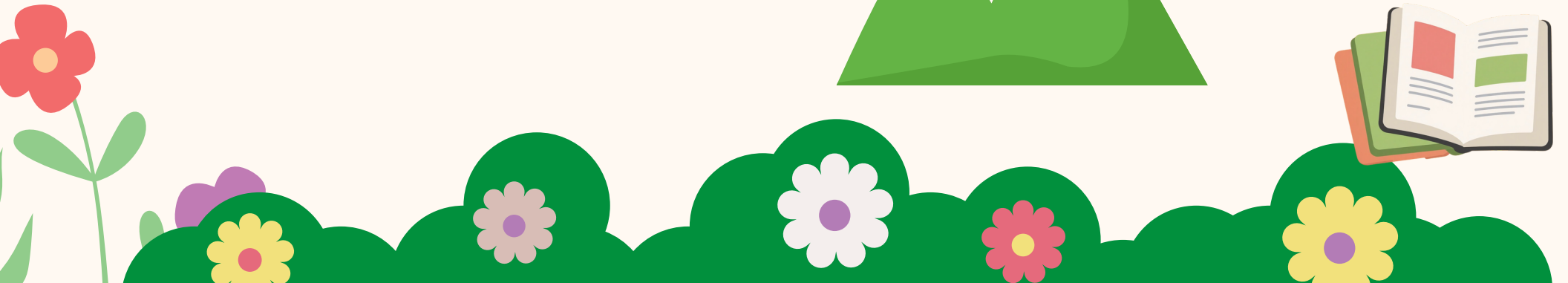
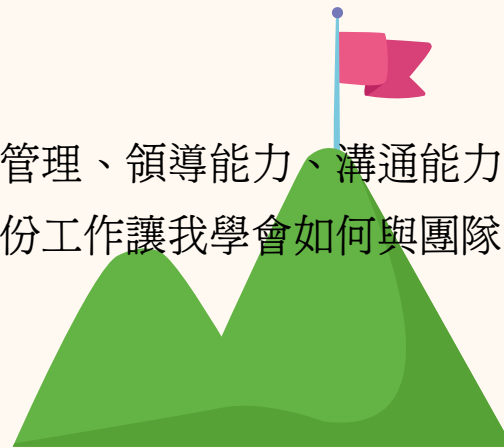


## 6. 面臨的挑戰

雖然這份工作帶來許多收穫，但也伴隨一些挑戰。其中一個主要困難是如何平衡自己的課業與教學工作。此外，面對不同學生的需求與問題，有時也會讓人感到壓力。在課堂中，也可能需要臨時應對突發狀況。然而，這些挑戰讓我變得更加有韌性，也提升了解決問題的能力。

## 7. 技能與個人成長

透過擔任教學助理，我培養了多方面的能力，包括時間管理、領導能力、溝通能力以及批判性思考。我也變得更有自信，能在眾人面前表達與引導討論。這份工作讓我學會如何與團隊合作並支持他人。整體而言，它對我的個人與專業成長都有很大的幫助。





## 8. 未來展望

展望未來，我希望能持續提升自己的教學與領導能力。教學助理的經驗讓我開始考慮從事教育或培訓相關的工作。我也希望將所學應用於商業領域中。我相信這段經驗對我的職涯發展具有重要價值。最終，我希望能對學術與職場環境都帶來正面的影響。

