

My Experience as an English Teaching Assistant

I never thought I would have the chance to become an English TA.



英語助教的體驗



我從未想過自己會有機會成為一名英語 TA



Trải nghiệm làm trợ giảng tiếng Anh

Tôi chưa từng nghĩ sẽ có cơ hội trở thành một trợ giảng tiếng Anh

At first, the idea felt far beyond what I thought I was capable of. Yet over the past two years, I've been working with freshmen. With guidance from instructors, I gradually found my place in the classroom – not just helping others learn but also growing more confident in my own language and teaching abilities along the way.

起初，這個想法對我來說似乎遙不可及，也超出了我對自己能力的想像。然而，在過去兩年裡，我一直與大一新生一起學習與成長。在老師的指導下，我逐漸在課堂中找到自己的位置 – 不只是幫助他人學習，也在這個過程中，慢慢建立起對自己語言能力與教學能力的信心。



陳光日

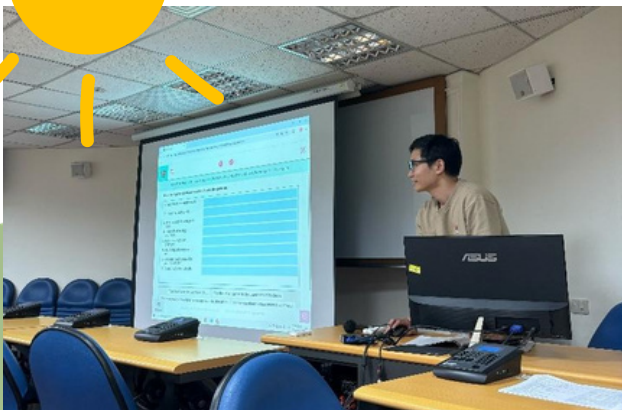


When I first started, I faced many challenges. English is not my mother tongue, and teaching it to non-Vietnamese students from different cultural backgrounds was entirely new to me. I had to learn how to communicate clearly, give constructive feedback, and adjust my speaking pace and tone to suit the students' abilities. I have learned to explain ideas in simpler English, and sometimes in Chinese as well. Through this practice, I gradually developed a better understanding of students' common difficulties in learning English and learned how to guide them with patience and encouragement.

一開始接下這份工作時，我面臨許多挑戰。英語並不是我的母語，而教導背景不同的非越南學生更是我從未有過的經驗。我必須學習如何清晰地表達、給予具建設性的回饋，並調整說話的速度與語調，以配合學生的能力。我學會用更簡單的英文解釋概念，有時也會用中文輔助說明。透過這樣的實作，我逐漸更了解學生在學習英語時常見的困難，也學會如何以耐心和鼓勵引導他們。

中國文化大學





This experience has also taught me some of the most useful transferable skills I have gained so far. Helping freshmen in English classes has pushed me to speak more clearly, listen more carefully, and adjust how I explain things depending on each student's level. I have become more confident in speaking in front of others, more patient when students make mistakes, and more aware of the small differences in how people from different cultures understand and use English.

In addition, working closely with instructors from diverse backgrounds has strengthened my ability to collaborate and adapt in multicultural environments.

這段經歷也讓我培養出截至目前為止最實用的可轉移技能。在英語課堂上協助大一新生，促使我講話更清楚、更仔細傾聽，並依照每位學生的程度調整說明方式。我在面對大家講話時變得更有信心，面對學生的錯誤也更加有耐心，同時也更有意識地注意到不同文化背景的人在理解與使用英語時的細微差異。此外，與來自不同背景的教師密切合作，也增強了我在多元文化環境中協作與適應的能力。



At the same time, this job has changed the way I see myself. I used to focus only on improving my own English, but now I also think about how I can support others' learning, encourage shy students to speak up, and create a more relaxed classroom atmosphere. These skills communication, adaptability, and cultural sensitivity, don't just belong to this job; they are ones I will carry into my future studies and career, especially in any work that involves teamwork or international environments.

同時，這份工作也改變了我看自己的方式。我過去比較專注於提升自己的英語能力，但現在我也會思考如何協助他人的學習，如何鼓勵內向的學生開口說英語，並營造一個更輕鬆自在的課堂氛圍。如溝通、適應力與文化敏感度這些能力，不只是屬於這份工作的一部分，也是我未來的學習與職涯中的素養，尤其是在任何需要團隊合作或國際環境的工作。





Overall, being an English TA has been a meaningful part of my life in Taiwan. It has not only deepened my passion for language learning but also helped me grow into a more confident, patient, and culturally aware individual. I am grateful to the Language Centre for giving me this opportunity and look forward to continuing to support students in their English learning journey.



總體而言，在台灣擔任英語教學助理是我生命中一段有意義的經歷。它不僅加深了我對語言學習的熱情，也幫助我成長為一個更自信、更有耐心、且更具文化覺察的個人。我感謝語言中心提供我這個機會，也很期待未來能繼續支持學生們在英語學習旅程上的成長。



Thank You!

